

Bio-Oz Buckwheat Granola (Gluten free)

Ingredients

2/3 cup Bio-Oz buckwheat kernels
1/2 cup coconut flakes
1/4 cup sesame seeds
1 1/2 cups mixed dried fruit
100g macadamias
4 tsp honey

Instructions

Combine buckwheat kernels and honey in small saucepan and cook on medium heat for about 2 minutes, constantly stirring.

Add coconut, sesame seeds and macadamias. Continue stirring on heat for another 2 minutes, and take off heat. Add mixed fruit and combine. Allow to cool.

Store in an airtight container.

SHOP ONLINE NOW
Available in Australia only

